



ST ALBANS
SCHOOL

ST ALBANS SCHOOL ANAPHYLAXIS ACTION PLAN:

Name.....D.O.Bhas a severe Allergy to.....
.....

If shows any sign of an anaphylactic reaction (**see symptoms below**) then his prescribed Epipen 0.3mg /other dose..... (change dose as appropriate) should be administered.

The emergency services should be called: Tel: 999
and the operator should be told that the pupil is suffering from: ANAPHYLAXIS

Piriton elixir 4mg / other dose..... (change dose as appropriate) should then be given.

.....suffers from asthma and should be given 10 puffs of his Salbutamol Inhaler
(delete if not applicable)

.....is prescribed soluble oral Prednisolone 40mg and this should be given
whilst waiting for the ambulance. (delete if not applicable)

If there is no improvement and the ambulance has still not arrived then a second Epipen should be given

Signs and symptoms: An anaphylactic reaction may manifest itself as any of the following

- Difficulty breathing
- Nausea
- Vomiting
- Abdominal pain
- Diarrhoea
- Pallor Rash
- Swelling of lips, tongue or eyelids
- Clammy skin
- Anxiety or feeling of impending doom
- Faintness
- Abnormal drowsiness
- Loss of consciousness

Parents /Guardian signature.....

Date.....